Virginia Parkinson’s Support Groups

Bluefield
2nd Tuesday at 2 pm; Virginia Ave. United Methodist Church; Jean Brown; (276) 322-5715; brown_rj3659@verizon.net

Charlottesville
2nd Monday at 1:30 pm at Westminster Canterbury of the Blue Ridge (on Pantops). Susan Dietrich; (434) 982-4482

2nd Tuesday at 11 am at TheColonnades Health Care Center; Debbie Paley; TheColonnades.AVA3@sunriseseniorliving.com

3rd Friday at 12:30 pm at ACAC at Albermarle Square Shopping Center; Debra Pressman; debra.pressman@gmail.com or (434) 996-1718.

Carepartners Group (New Group!), 2nd Thursday at 10:45 am at The Senior Center; Patty Asuncion; patasuncion@yahoo.com.

Chesapeake, Portsmouth, Suffolk
1st Saturday, 1 pm, Church of St. Therese-Chesapeake. Pat & Steve Yaros; (757) 489-4302

Danville New day!
2nd Wednesday at 2:00 pm, Trinity Methodist Church. Jim and Marjorie Hamilton at 434-791-4493

Eastern Shore/Onancock
Last Monday at 3:00 p.m., Hospice & Palliative Care of the Eastern Shore; Betty Armsey; (757) 787-3310

Fishersville New Location!
1st Saturday, 2:00 pm, Augusta Health Campus, Community Care Bldg., 64 Sports Medicine Drive Barry Dubit; 540-849-0480

Franklin
Contact Doug Boyce; 757-562-4432

Fredericksburg
Last Wednesday at 10:30 a.m. Jim & Earline Haney; (540) 371-7334

Hampton
1st Tuesday at 3:00 pm; Sentara. Susie Garrison; (757) 827-2170

Harrisonburg
3rd Saturday at 1:00 pm, Rockingham Memorial Hospital. Eva Showalter; (540) 810-5210

Hillsville
2nd Wednesday at 1:00 pm; St. Joseph Rectory. Mary Ann Riccitiello 276-728-0130

Lexington
2nd Wednesday at 10:30 am; “Sunnyside” at Kendal; Christine Treen; 540-784-4519

Loudoun New Location!
1st Tuesday at 1:30; Ashby Ponds, 21160 Maple Branch Terrace, Ashburn, VA. Gary Heinberg; 703-404-5563

Lynchburg
3rd Tuesday at 2 pm at The Summit; Jimmy White; (434) 239-2373

New River Valley/Blacksburg
3rd Wednesday at 2:30 pm, Blacksburg Library. Linda Wilson; (540) 268-2123

Newport News
3rd Wednesday at 1:00 pm, Mary Immaculate Conference Center. Cynthia Dowd; (757) 886-6381

Fredericksburg
4th Wednesday, 5:30 p.m., Riverside Regional Medical Center, Medical Office Bldg.; Sandy Snapp; (757) 534-5837

Norfolk, Virginia Beach,
1st Wednesday, 10 am. St. Andrew’s United Methodist Church. Call (757) 495-3062

Northern Neck/Middle Peninsula
2nd Wed at 1 p.m; Carepartners meet also 1st Mon at 10:30 am (carepartners group) Rappahannock Westminster Canterbury. Rita DePew; (804) 435-9553

Orange New Group!
Last Wed. each month at Dogwood Village Senior Living; Martha Robeson; 540-672-2611

Richmond
1st Tuesday of each month at 7:00 pm, (Discussion); Circle Center, 4900 W. Marshall St., (behind Krispy Kreme on Broad St.). Contact Ann Spinks; (804) 355-5717

3rd Sunday at 2 pm at Health South (Educational); 5700 Fitzhugh Avenue. Contact Kathy Morton; (804) 730-1336

4th Thursday each month at 1 pm PADRECC, McGuire VAMC; contact Lynn Klanchar; (804) 675-6952

Roanoke
3rd Tuesday at 2:00 pm Ronald McDonald House. Contact Eric Anderson; (540) 721-1094; parkinsonsyahgroup@gmail.com.

(Roanoke continued)
Caregivers Support Group: 2nd Friday at 9:30 am; Colonial Baptist Church; Donna Kester; 540-774-7923

Williamsburg
2nd Monday at 1:30 pm, Williamsburg Landing. Jack Hostetter; 757-221-0160; wpsg@cox.net

Winchester
2nd Tuesday; 11 a.m., Winchester Church of God. Cheryl Reames; (540) 662-4632; winchesterparkinsons@gmail.com.

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Young Parkinson’s Groups
Charlottesville, VA; Debra Pressman at debra.pressman@gmail.com or (434) 996-1718.

Richmond, VA: 4th Sunday, 2 p.m., VCU Parkinson’s and Movement Disorders Center; Andrea Perseghin at 804-662-5300 or pdcenter@vcu.edu

Virginia Beach, VA; 1st & 3rd Saturdays, 10 a.m. at Old Donation Apt. Complex Clubhouse; (757) 495-3062 or VBYoungOnsetPD@gmail.com

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Northern Virginia area
Contact PENCA at 703-734-1017 (www.parkinsonfoundation.org) for information about groups in Alexandria, Arlington, Fairfax, Gainesville, Manassas, & Springfield

As of October 8, 2014